



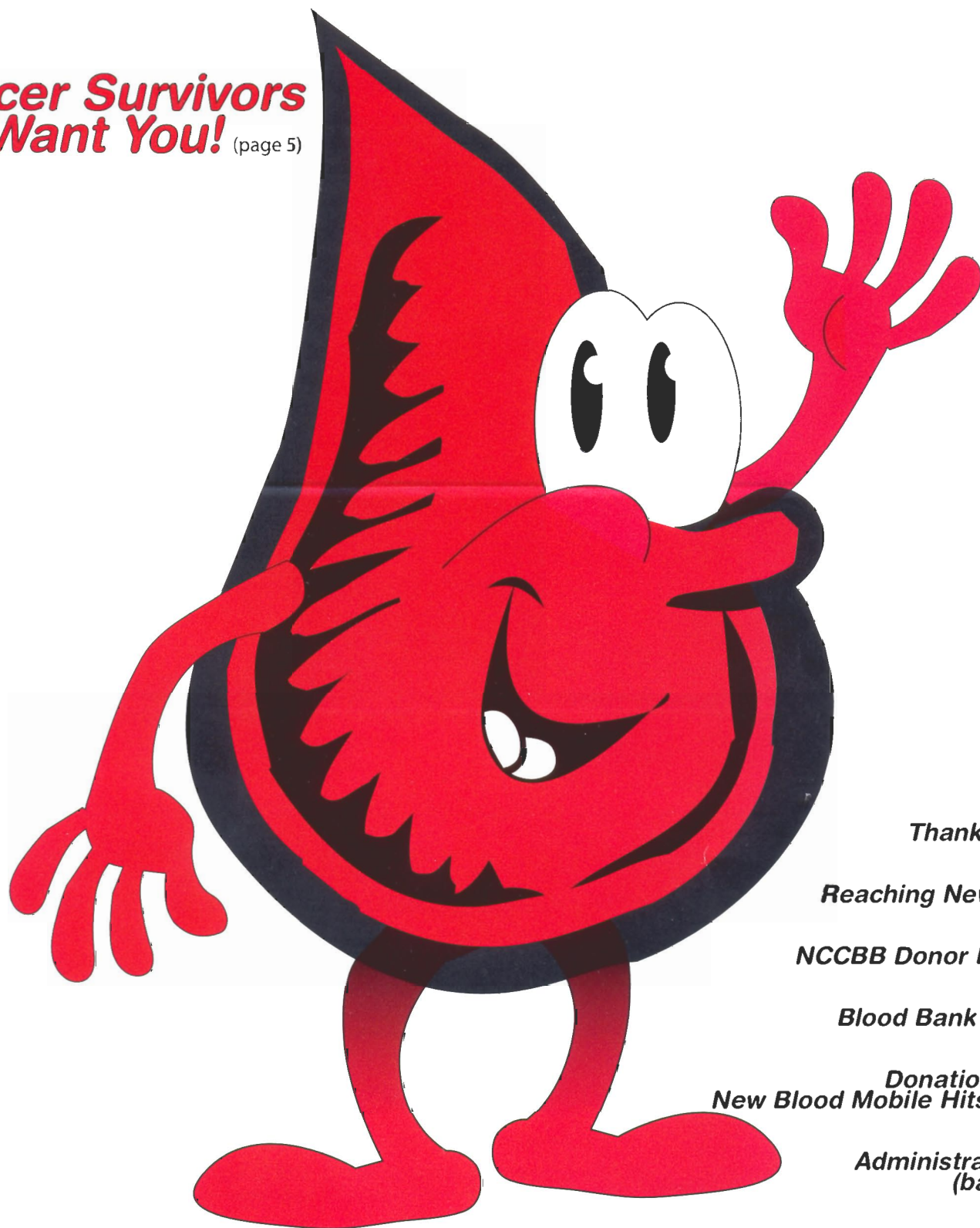
NORTHERN CALIFORNIA COMMUNITY BLOOD BANK

GOOD DEEDS GAZETTE*

Summer 2003

** (although good deeds speak for themselves')*

***Cancer Survivors
We Want You!*** (page 5)



Thank You, Dad
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Reaching New Heights
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NCCBB Donor Does it all
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Blood Bank Sponsors
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***Donation Thanks
New Blood Mobile Hits the road***
p.6

Administrators View
(back cover)

THANK YOU, DAD

By Peggy Blumer

My Father has been a blood donor for many years. We just celebrated his 86th birthday. He is a member of "The Greatest Generation". This generation traditionally has been the most generous of blood donors. They know first hand, living through Word War II, just how important their blood donations are. While fighting in the South Pacific during the war, my Father lost his leg. He received a blood transfusion from another soldier. He got a chance to do what many people never get to do. About a year after the transfusion, my Father was in Hawaii at the military hospital. There, he saw the soldier who had donated his blood to my Father. My Father got to thank him for helping to save his life. Over the years, my Father's donations have helped to save many others. Thank You, Dad!!



Peggy with her dad Howard Blumer.



In May, Mary Myers one of our Medical Technologists was awarded The Owen F. Thomas, MD Award from the California Blood Bank Society. This is a very special award and acknowledges all of Mary's many contributions to the Blood Banking world, over the years. Way to go Mary!!!!!!

**Northern California
Community Blood Bank**
2524 Harrison Avenue
Eureka, CA 95501
(707) 443-8004

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Desoie Baxter

YOUR GIFT IS APPRECIATED

Gifts of \$100 or more will be recognized on our Tree of Life. Please return this form with your check.

Name _____ Phone _____

Address _____

City, State, Zip _____

In Memory Of _____

Bloodmobile Fund _____

REACHING NEW HEIGHTS

The Blood Bank would like to take this opportunity to acknowledge those people who reached new heights since our last newsletter.

20 Units

Kim Adams
Coleene Allen
Cara Arguello
Tricia Bagnell
Gloria May Baker
Cheryl Beechel
Randall Norris Bell
Marilyn Bennett
Jennifer Bernstein
Joy Blake
Kenneth Bond
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Colleen Farley
Paul Ferns
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Denise Fitzgerald
Raymond Free
Jeffery Gier
Ann Glidden
William Glidden
Roxanne Golich-Moore
James Graves
Cassandra Griffin
Norma Gunderson
Stanley Hatch
Marjorie Hedding
John Heidger
Linda Herron
Stanley Hino
Coreen Holm

Kevin Horn
Alayne Hunt
Susi Huschle
Anita Iglesias
Daniel James
Cheryl Johnson
Doug Johnson
Elizabeth Johnson
Suzanne Johnson
Sylvia Jutila
Katherine Kelly
Ronald Konicke
John Koopmans
Dean Larsen
Duane Lemley
Mark Lindley
Richard Lindsay
Jeffery Lindsey
Dean Lindquist
Eric Loudenslager
Joe Lowe
Robert Lowe
Henry Lutje
Lorie Madden
Teresa Matthias
Kristin McKeown
Laurie McLeod
Rosemary McLendy
Eric Meng
William Montalvo
Linda Moulton
Carol Nelson
Ralph Nelson
Pamela Nowell
Julie Olds
Frank Onstine
George Papageorge
Laura Parker
Brian Pelley
Patricia Person
Diana Phillips
Vanessa Pickering
Kathleen Pomeroy
John Porter
Michael Purvis
Anthony Quintal
Donald Raffaelli
James Ravano
Emory Readen
William Reber
Jeffery Richardson
Victoria Robinson
Ruby Rollings
Thomas Ryan
Howard Sakai
Kim Salazar

Anthony Sanchez
David Schlosser
Richard Senger
Larry Shay
Kathlycen Simas
Barbara Snell
Manuel Sousa
Marshall Spalding
Suzanne Steel
Trish Steeves
Sheldon Stenquist
Leonard Stephan
Douglas Susmiltch
Ronald Thompson
David Turner
Karen Walker
Robert Werner
David Williams
Howard Willson
Frank Wilson, III
Scott Wilson

30 Units

Jeannemarie Baker
Linda Bareilles
Terry Barns
Brian Beattie
Patrick Bent
Joel Bradfield
Michael Bray
Henry Brazil
Donald Brown
Nanci Bryant
Arthur Christen
Robert Cochran
Joy Comer
Nathan Copple
Terry Davis
Jennifer Dyke
Kay Escarda
Paul Fitzsimmons
Paula Forthuber
Murline Georgeson
R. Patrick Gillmore
James Grinsell
Robert Gross
Judith Gupton
Jack Haase
Elizabeth Hartley
James Hilbrink
David Hillegeist
William Hilliard
Loni Hollenbeck
Cindy Humphry
Patrick Hyland
Gerald Jackson

Peter Jain
Barry Jensen
Howard Julien
William Kay, Jr.
Stephen Kimberling
Sally Kime
Steve Ladwig
Edmond Litza
Robert Lopez
William Lutjens
Matthew Magill
Harold Mallett
Barbara Manzi
Thomas Marking
Kathleen Mayer
Kurt McCanless
James McKinney
Robin Mciggs
Tom Meyer
Lorraine Miller
Harold Mills
Douglas Mooney
Timothy Mulligan
Chris Myers
Marilyn Oldham
Walter Ray Oldham
David Page
John Pelletier
Phyllis Perkins
Jay Peterson
Robert Powers
William Pozun
Jim Quast
Nicole Quinlan
Josh Reed
Tom Rice
Dianna Richardson
Ron Richardson
Lydia Rieman
Linda Ruonavarra
Kathryn Ryan
Patricia Schlotzhauer
Keith Sperry
Benjamin Tankersley
Russell Terry
Wayne Tomasini
Michael Tully
Peter Vallerga
Dianne Wainwright
George Wainwright
Linda Weaver
Kurt Werner
Jolon Wilson
Lorina Windham

40 Units

Richard Aggeler
Marlene Allen
Dorothy Andersen
Susan Benson
Curtis Bethel
Dale Blake
Howard Blumer
Joseph Botkin
Amy Brennan
Martha Buss
Malcolm Campbell
Nancy Cavanaugh
Joseph Conley
Ken Cooper
Ronald Cordova
Tom Crossan
Gary Cunningham
Sandra Dalton
Norman Ehrlich
Adam Farland
Deborah Fleming
Marion Frizzell
Orlando Giannini
Jeffrey Glavich
Kerry Glavich
Lynda Gleave
Stanley Harris
Daniel Haskins
Frank Hollyman
Katherine Hughes
April Joyce
Katherine Kinnebrew
Charles Lawrence
Rocky LeRoy
Jeanne Marlatt
Rosemary Martin
Mary McCullough
Gloria Montgomery
Beverly Morris
Ken Newman
Robert Noble
Dennis Pace
Robert Patton, Jr.
Susan Peacock
Ralph Pollard
Armeda Reitzel
Judy Rice
Virginia Sherman
Barry Smith
Kathleen Smith
Kay Stodder
Ross Stringer
Robert Taborski
John Tatum
Anne Tritchler
Joe Vagle
Almeda Ward
Sharilyn Westrick
Marilyn Williams

Dennis Woods
David Young
Pam Zana
Herbert Zeck

50 Units

William Ahrens
Darrell Astor
Gilbert Barker
James Bethel
Kelly Boyd
Bruce Breckner
Gwendolyn Carlson
Van Cook
Eric Cortez
Marilyn Daniels
Larry DeRidder
Evelyn Dickinson
David Dodds
Pete Haggard
John Hammond
Steve Henry
Gail Johnson
Edward Laidlaw
Georgina Larsen
Richard Laursen
Betty Lutje
Sharon McKinney
James Mello
Frederick Moore
William Morrison
Jo Ann Mulderig
James Orr
Dennis Palmer
Joseph Pitt
Bill Redman
Raymond Rice
Joan Romo
James Schipper
Randy Semore
Lorene Wetzel

60 Units

Thomas Anthony
Donald Bicknell
Anita Bowen
Brian Collart
Mercedes Crispin
Donna Davis
Sherrie Dixon
Nancy Genzmer
Thomas Gierck
John Jerome
Arnold Kemp
Daniel Martin
Jeff Michael
Judy Nealis
Anita Neubecker
Timothy Nicely, M.D.
Gerald Olesen
William Ovington

Nick Papageorge
Vincent Peloso
Timothy Ramstrom
AF Butch Reeves
Colleen Russell
Thomas Schmidt
James Thacker

70 Units

Marian Brady
Mark Butler
Susan Cherry
George Egan
Glen Furber
Stuart Garbutt
Jack Langdon
Linden Lentz
Paul Nicholson
Charles Notthoff
Evelyn Page
Linda Poovey
Richard Stringham
Lane Strobe
Mark Suchanek
George Thode
Robert VanLaan
William Ward
Paula Wonderley
John Zeck

80 Units

Carrie Davis
Robert Durfee
Marie Eddleman
Earl Gay
Ronald Keller
David Lindberg
Robert Palmrose
Herbert Tanchaus
Linda Wahlund
Barbara Walser
Bear Winkle

90 Units

Betty Aggeler
Katie Berkowitz
Lynn Berner
Philip Bono
Gerald Cochran
Charles Davis
Marjorie Furber
Donald Gordon
David Iverson
Katy Mathys
James McCullough
Ray Melvin
Larry Nyborg
Norman Renner

100 Units

Paul Adams
Terri Arruda
Paul Ayers
Wally Borgeson
Jerry Chapman
John Gierak, Sr.
Ronald Grace
Joseph Leeper
Bill McGoldrick
William Nolan
Gerald Swanson
Fred Tempas

110 Units

Gladys Berghagen
Ruby Flaiz
Lynn Hartley
Guy Huddleston
Marian Marecellus
Lewis Quinby
Bob Waters

120 Units

Robert Collins
Robert Furber
J. Richard Lewis

Terry Swanson
130 Units
John Brazil
George Ingraham, M.D.
Charles McCann
Joan Tempas
Allen Thornhill

140 Units

Leonard Schaal

160 Units

Kenneth Klingel
Daryl McGowan
Clyde Oldham

APHERESIS

20 Units

Paul Ayers
Steven Block
Mark Celsi
Beth Conley
Charles Connors
Peggy Blumer
Glen Creviston
Joyce Davenport
Charles Gradek
Marlene Hall
Rob Hampson
Elizabeth Hurst
Earl Jackson
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Dal Lemmon
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Lester Margat
Jayme Newman
Tiffany Palmer
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Patrick Simas
David Struve
Debbie Topping
Tim Toste

James Vaughan
Melissa Wahlund-
Lemley
Amy Weed
Rachel Wheeler
Laura Williston
Greg Young
Thomas Young

30 Units

Thomas Babcock
Mary Brazil
Philip Burgess
Gary Chapman
Sarah Colvig
David Dorsey
Ray Doyle
Glenda Hammond
George Henning
Kenny Hoard
Guy Huddleston
Raymond Jerland
Ellen Keene
Connie Kerr
Esther Kilian
Barbara Leger
Byrd Lochtie
Robert Marino
Elizabeth McGannon
Patricia Rhodes
Duane Rigge
Melanie Spencer
Floyd Stacey
40 Units
Tennie Brooks
Philip Burgess
Betty Foster
Charles Giannini
Kenny Hoard
Lloyd Hubbard
James Martin

Alan McCann-
Sayles
Chester Ogan
George Owren
Todd Sobol
Michael Walkner
Adrienne Werren
Michael Yanke

50 Units

George Bermudez
Laura Clark
Raymond Flynn
Kenny Hoard
Clarence
Killingsworth
James Martin
Marlene Mattison
James Pedrotti
Mary Anne Ward
60 Units
Donald Christensen
Laura Clark
Jack Feland
Raymond Flynn
Thomas Galovich
Darrell Keating
Beverly Morgan Lewis
Mary Anne Ward

70 Units

Donald Christensen
Raymond Flynn
Kathryn Hodghead

80 Units

Dallas Huston

90 Units

Wayne Farrar
Paul Nelson

100 Units

Wayne Farrar
Bruce Stephens
110 Units
Lynn Parker-Smith
Bruce Stephens

120 Units

Lynn Parker-Smith

200 Units

Thomas 'Dan' Savage

210 Units

LeRoy Murrell
Dan Savage

220 Units

LeRoy Murrell

240 Units

Edgar Dickinson

250 Units

Edgar Dickinson



NCCBB Blood Donor Becomes A Marrow Donor!!!

This is Grace Kerr's account of her gratifying experience as told in her own words, edited for brevity with her permission. Our goal is to encourage more blood donors to become marrow donors.

In July 2001, at the Relay for Life event, I was offered the opportunity to have my blood sample included in the National Bone Marrow Registry. I had first heard of the NDMP registry when a former co-worker needed a bone marrow transplant for recurring leukemia. No matches were found within his family: siblings have a 25% chance of matching one another. Everyone who knew him was encouraged to sign up with the NDMP registry, in hopes that an unrelated donor match could be found. Unfortunately, there was a fee to join and since I was a starving student at the time I, along with several others, could not afford to sign up. Miraculously, in time, a non-related match was found, but by then he was very sick. The transplant was performed, but sadly, he did not survive. So this time, at the blood-donation table at the Relay for Life, I was very eager to join and said to a friend "I have a feeling that they are going to call me one day.

Almost exactly a year later, I got the call. I was told that I was identified as a preliminary match to a person in need of a transplant, and was asked if I'd still be interested in donating. I was — and I found the prospect very exciting.

My first blood sample had shown a match on four of the six tissue typing markers. The second sample "Confirmatory Typing" would determine if the last two tissue typing markers would also match the recipient. A process known as HLA (human leukocyte antigen) is used for this compatibility testing.

There are two ways a donation is made: Actual marrow extraction involves a one-night stay in a hospital, as it is a surgical procedure. Regional or general anesthesia is given and a portion of marrow is removed from the back of the

pelvic bone using a needle and syringe. I admit, the idea of this gave me the "willies," but somehow I felt compelled to brave the possibility. The other donation method is peripheral blood stem cell (PBSC) donation. This is a newer process: a growth factor medication is given to the donor to increase the number of stem cells in the donor's blood, so there will be enough stem cells to collect through the process of apheresis, similar to donating platelets at the blood bank.

Possible side effects of both procedures and the time commitment involved were explained in detail. After I read the materials I was to determine if I still wished to go through the process. I agreed to go to the next level. I signed consent forms, and a sample of my blood was drawn and sent to a lab out of the area for the confirmatory testing.

About a month later, I received another call, this time from Lupe Valdez-Perez of Bloodsource in Sacramento. Lupe excitedly told me that I was an exact match on all six tissue markers to a 48-year-old woman with plasma cell leukemia, who was in desperate need of a PBSC transplant. Again, I was asked if I still wanted to participate and after I agreed, arrangements for me to fly to Sacramento for an informational session and health screening were made. I met the vivacious and maternal Lupe and nurse Marcy McIntyre, who happened to be a nursing graduate of Humboldt State University. Bloodsource is a beautiful facility full of light and green plants. A major part of its work, beyond operating as a blood bank, is coordinating bone marrow and stem cell transplants.

The information session involved watching a video and then a discussion with a doctor, who explained the process involved. I was told that the transplant recipient was very ill, and that a PBSC transplant was the best method in her particular case, as this process would put her under less risk. I was relieved to not have to endure a hospital stay. I was sent to Sacramento's Sutter Hospital where I received a physical examination, a chest x-ray and an EKG. I checked out healthy.

Once I was back home, arrangements were made for me to receive the growth factor medication, Filgrastim via injections given at the blood bank in Eureka and then return to Sacramento for the stem cell collection process.

I received four daily Filgrastim injections before I was flown to Sacramento. Tennie Brooks, good-humored veteran R.N. of the Eureka blood bank, expertly gave the injections, took blood samples and handled the paperwork that included a daily questionnaire regarding side effect symptoms. She made a most pleasant daily appointment for these four days (one being my 39th birthday). Each visit took about 45 minutes, and Tennie and the encouraging staff of NCCBB made it very easy for me. After the second day of injections, I started to feel one of the most common side effects of Filgrastim — bone pain. It was a deep muscle pain in the thighs, like after strenuous running or hiking. I also felt low back pain. Fortunately I was allowed to take ibuprofen to alleviate it.

I flew to Sacramento the evening of Oct. 30, to spend two nights at a downtown hotel. On Halloween morning, Lupe arrived to pick me up and take me to Bloodsource for the first four-hour stem cell collection process. She was surprised to see me dressed in a bumblebee costume.

While in my bee suit, I received the final injection of Filgrastim, and was given some breakfast while the medication took effect. Marcy arrived, her face painted as a jack-o-lantern, to tend to the apheresis machine. A needle to remove blood was put in one of my arms, then the blood was sent through the machine, which sorted out the stem cells into a plastic bag, then the blood minus the stem cells was returned to me through a needle in my other arm. I am lucky to have good prominent veins and no trouble was had. I tried to resist the vampire jokes.

After the first hour, my low back really began to hurt. Some pillows and being allowed to shift myself a little, carefully watching the needles in my arms, made me feel better. Another side effect I felt during the process was tingling in the mouth and fingers. I was told that this could occur with the use of the anti-coagulant necessary for apheresis. I was given some Tums, a source of calcium, which helped somewhat. At the end of the procedure

I ate lunch, went back to the hotel, and went to bed early. This was a good idea, as Lupe arrived at 6 the next morning to bring me back to Bloodsource for the final collection process. This time, along with a muffin, I was given a large glass of milk to help me get some calcium to prevent the tingling sensation I had the day before. I was hooked up to the apheresis machine immediately, as my donation needed to be on an airplane by noon to get to the eager doctors and recipient. The Bloodsource staff was nervously whirling around, making labels, filling out paperwork, making and taking phone calls and double-checking everything.

This time I didn't have the low back pain or tingling, and the process went very smoothly. After I was detached from the machine, I was surprised how little there was in the collection bag, perhaps two cups or so. This was packed up with the previous day's collection, labeled, paperwork completed and rushed off to the plane. I mentally sent the recipient well wishes along with this precious cargo.

After a doctor checked me over and asked some questions, I said goodbye to the fine staff of Bloodsource and was able to fly home that evening. A week later, Lupe called to ask how I was feeling, which was just fine, despite my having been stuck by needles a total of 16 times (she laughed because I'd bothered to count). She called me again a month later, and will call periodically over the next year to follow-up, as studies are still being done on the use of Filgrastim and the PBSC donation procedure.

Many people have asked me if I know how the recipient of my donation is doing. I haven't been told and don't know if I ever will, and that's okay. I did know that the recipient had a poor- risk leukemia and didn't have great odds for survival. But at least the transplant gave her another chance.

The medical staff expressed a lot of gratitude to me for donating, but really it was I who was grateful. I was given expert care, and never left with questions. They did everything possible to ensure my safety and comfort. I never felt scared or uninformed.

The process was relatively easy for me to handle and I wasn't trying to be a hero. I thought of it as a duty to give someone another chance for life. It was a way for me to counteract some of the pain and greed in the world, and I was thankful for the opportunity.

Attention Cancer Survivors!

We Want You!!!

In the past, donors who had had most types of cancer either had to wait 10 years or in some cases were never eligible to donate again. Now, many (but not all) donors with a history of cancer may be eligible much sooner after treatment is completed. The following is a brief guideline of the amended deferral periods. People who had skin cancer removed are now eligible to donate as soon as the site is healed and their doctor has no objections. People who were diagnosed with most malignancies are now eligible to donate one year after their last treatment with their doctor's approval. People with hematologic malignancy such as leukemia or lymphoma are still currently on permanent deferral, however. If you were once deferred for cancer, please call or come by the blood bank and see if you are now eligible to donate. We would love to have you back!

The Blood Bank would like to take this opportunity to thank these groups who gave or sponsored a blood drive in 2002.

AFSCME Local #1684
All Motorcycle Riders
American Red Cross
American Cancer Society
Arcata High School
Arcata Mad River
Ambulance
Arcata Postal Service
Arcata School District
Arcata Police Association
Arcata Police & Fire
Departments
Arcata Volunteer Fire
Department
Associated Bowlers of
Humboldt - Men
AWPPW Local #49
Bank of America -
Henderson Center
Bank of America -
Humboldt County
Beta Sigma Phi
Bethel Church
Blue Lake Fire Department
Blue Lake VFW
Cal Trans
California Department of
Forestry Employees
California State Employees
Association
California Conservation
Corps of Fortuna
California Children
Services
California Highway Patrol
Caltrans
Calvary Lutheran Church
Catholic Group - St.
Bernard's and Sacred
Heart
Center for Women's Health
Care
Church of Jesus Christ
Latter Day Saints
City Ambulance of Eureka
Coast Central Credit Union
College of the Redwoods
Court House-Eureka
Cox Cable
Crescent City Community-
The Senior Center
Crescent City Women's
Club

D'ell Arte
Danco Builders
Del Norte High School
Health Fair
Del Norte High School
Dental Society
Dr. Cole Chiropractic,
Crescent City
Eagle Scouts
Elks Lodge - Brookings
Elks Lodge - Eureka #652
Eureka Woman's Club
Eureka Office of Education
Eureka City Employees
Association
Eureka Fire Department
Eureka High School
Eureka Teachers
Association / Eureka City
Schools
Faith Center Foursquare
Church
Far West Motorcycle Club
Ferndale Volunteer Fire
Department
Ferndale High School
Fieldbrook Volunteer Fire
Department
First Church of the
Nazarene
First Assembly of God
First Baptist Church of
Arcata
First Congregational
Church
First Presbyterian Church
of Arcata
First Presbyterian Church
of Eureka
First United Methodist
Church of Arcata
Fortuna Volunteer Fire
Department
Fortuna High School
Fortuna Community-
Rhoner Rec. Hall
Fraternal Order of Eagles -
Eureka #130
General Hospital
Grace Chapel
Grace Lutheran Church
Grace Baptist Church
Havurah Shir Hadash

Temple
Health Sport, Arcata
Hilfiker Pipe
Holly Yashi
Hoopa Valley High School
Hospice of Humboldt
Huddleston Family
Humboldt Unitarian
Universalist Fellowship
Humboldt County
Cattlewomen/Humboldt-
Del Norte Cattlemen's
Association
Humboldt Association of
Realtors
Humboldt Bank
Humboldt Deputy Sheriff
Humboldt Fire District #1
Humboldt Fishermen's
Marketing Association
Humboldt State University
Humboldt Group
Humboldt State
Humboldt Bank Klamath/
Trinity
Humboldt Bank-Eureka
Humboldt State University
Nursing
Humboldt Bay Kiwanis
Humboldt State University-
The Health Center
Humboldt Redwood
Cursillo
Humboldt Ski Club
Humboldt Amateur Radio
Club
Humboldt Masonic Lodge #79
Humboldt State University
- Forestry Department
Humboldt State University
Residents Hall
Humboldt Women Bowlers
Hydesville Elementary
School
Hydesville Community
Church
Jacoby Creek School
Jerold Phelps Community
Hospital
K-Mart-Eureka
K-Mart-McKinleyville
Kiwanis Club of Arcata
Kiwanis Club of Henderson

Center
Kiwanis Club of
McKinleyville
Kiwanis Club of Humboldt
Bay
Klamath Trinity Community
Kokatat
Law Offices of Janssen,
Malloy, Marchi, et al
League of Women Voters
of Humboldt County
Lion's Club
Lock Doktor II
Loleta Fire Department
Longs Drugs of Northern
California
Louisiana Pacific
LP Chip Export
I.U.S. Fish & Wildlife
Mad River Community
Hospital
Mad River Hospital
Masonic Family
Masonic Lodge, Southern
Humboldt
Mattole Grange #569
McDonalds - Eureka
McKinleyville High School
McKinleyville Senior
Center
Miller Broadcasting Co.
Moose Lodge -
McKinleyville #208
Murphy's Market - Cutten
Murphy's Market-Sunny
Brae
National Guard - Eureka
Native Sons of the Golden
West
Navy League - Humboldt
Bay #440
North Coast Cooperative
Inc.
North Coast Baptist
Association
Northcoast Environmental
Center
Northcoast Schools
Medical Insurance Group
Northern Humboldt
Pomona Grange
Open Door Clinic-Arcata
Operating Engineers Local #3
Pacific Bell
Pacific Lumber Company-
Scotia
Pacific Service Employees

Association (PG&E)
Pelican Bay State Prison
Employees
Petrolia Volunteer Fire
Department
Pierson Building Center
Public Works, Eureka
Redwood National Park
Redwood Amateur Radio
Club
Redwood Memorial
Hospital
Redwood Chapter
California Credit Union
Redwood Forest Chapter,
D.A.R.
Rotary Club of Southwest
Eureka
Rotary Club of Eureka
Rotary Club of Fortuna
Noon
Rotary Club of Fortuna
Sunrise
Rotary Club of Old Town
Eureka
Runeberg Lodge #102
Safeway-Arcata
Safeway-McKinleyville
Samoa Pacific Cellulose
Scout-O-Rama, Fortuna
Sears Roebuck & Co.
Seventh Day Adventist
Church of Eureka
Seventh Day Adventist
Church of Fortuna
Simpson Timber Company
Simpson Timber-Korbell
Simpson-Arcata
Six Rivers Planned
Parenthood
Six Rivers National Bank
Six Rivers National Forest
Employees
Social Security Adminis-
tration
Soroptomists of Humboldt
Bay
South Fork High School
Southern Humboldt
Community
St. Joseph Health Fair
St. Bernards High School
St. Mark's Lutheran
Church
St. Joseph Hospital
Sutter Coast Hospital
Temple Beth El

Trinidad Civic Club
Trinidad Community
U.S. Coast Guard
United Indian Health
Services
Veterans of Foreign Wars -
Fortuna #2207
Veterans of Foreign Wars -
Ferndale #6353
Veterans of Foreign Wars -
District 21
Wallace & Hinz Inc.
Wildberrys Market
Winship School
Winzler & Kelly
Women's Health
Fair,Eureka
Yakima Products
Young/Provence Family
Zane Jr. High

Thank you to the following groups and individuals who made donations to NCCBB since our last newsletter. Your gifts are appreciated! Thank YOU!!!!!!

Nancy D. Cook
Mary Anne Ward
Barbara Schmidt
Jill Otto

Kiwanis Club of the Redwoods
Jody Rusconi, Graystone Jewelers
Community Blood Center of the Ozarks
Andrew and Barbara Ringgold
Kiwanis Club of Humboldt Bay

The Eureka Kiwanis Club
Rose Abrahamson
Fortuna Kiwanis Club
Danish Brotherhood
Crescent City Kiwanis
Jan Martin for Kiwanis
Matthew Dennis For Kiwanis
Willow Creek Kiwanis
McKinleyville Kiwanis

Zane Jr. High for Kiwanis
Arcata Kiwanis
Rotary Club of Eureka
Cuttan Elementary School
Jeff and Sharon Lamoree
Will and Angie Shull
Robin Craig
Mary Kay Burgess
Hawley Von Butterfield of Edward Jones Investments



Gary Barker of Northcoast Auto presents Tom Schallert the keys to our new "GEM". Thank you for your generous donation.



The new Blood Mobile

TOTAL COLLECTIONS

Year	Whole Blood	Platelets	Plasma	Total
2000	12,659	442	828	13,583
2001	11,263	554	728	12,545
2002	11,497	787	1239	13,523

New Blood Mobiles Are Here and Ready To Go!!!

In March of 2002 we took delivery of our new Bloodmobile. It is a beautiful five bed, 40 foot vehicle. It is a fully self-contained unit. We can register, screen, draw and refresh, all on board! It is very exciting. The new mobile as well as the old one is out and about daily in our two counties, collecting over half of the 60 Donations we daily need to meet the needs of our communities. Now with the ability to do two mobiles a day we can get to more of the surrounding communities and small businesses. Please call us if you would like the Bloodmobile to visit your community or work place.

We love the self-contained unit so much that we have just acquired a smaller three bed unit. The old mobile was supposed to retire when we received the new mobile but the Recruitment Department kept putting it to work! Now we will really be able to retire it.

The next time you see the new Bloodmobiles please stop and check them out. It's About Life!!

Administrator's View



Thomas A. Schallert far as we know. It is also the average number of donations given by blood donors in Humboldt and Del Norte counties. The national average is closer to 1.25 so the donors in our area give more than two times as often as donors in the rest of the United States.

Your willingness to help patients by giving often, is the major reason we face few serious blood shortages in Humboldt and Del Norte counties. Our blood center is among the smallest independent blood centers in the country however, so despite the giving rate, the fact donations increased again last year, and our few serious blood shortages, we can still be confronted with emergencies. Our relatively small blood inventory can be significantly affected by one big accident, surgery or several smaller ones. We have had instances where one patient used up all of their blood type and then used all of our Group O too. Although infrequent, there have been occasions where patients have used over

100 blood components. It is not uncommon to have patients use between 50 and 100 blood components. That is why the inventory needs to be fully stocked, all year round.

There is another advantage for patients because of the high repeat rate of donation. The blood supply from regular, repeat donors is the safest for our community. You who give regularly, are taken through the increasingly lengthy medical screening, have your blood tested, and then have your blood transfused into a patient and often several patients, frequently. All of these events are opportunities to discover if there is a problem with the blood, so the more often you give, the less likely there is a problem. Again, that makes your blood the safest for patients who need you.

Humboldt and Del Norte Counties are often cited as having one of the highest per capita giving rates financially. The Relay for Life, United Way Campaign, Bowl for Kid's Sake and countless other charitable groups rely on the generosity of the citizens in the two county area. We even give blood more than everyone else.

To change subjects here, as many of you are already aware, the Food and Drug Administration (FDA) has required us to asking additional questions regarding vCJD, Smallpox Vaccination, Severe Acute Respira-

tory Syndrome (SARS) and West Nile Virus (WNV). The expected loss of donations is estimated at over 10% across the country. In our case, that means 1,500 donors.

We are confident our local citizens will make up the loss in donors due to these new deferrals but I think it is important that you are aware of the impact all of these questions have on the donor base.

And finally, the FDA for the first time, has permitted a blood center to try a streamlined donor history questionnaire. This will be done on a trial basis. If it works as hoped, we may actually be able to reduce the number of questions we ask our repeat donors. In the modified format, regular repeat donors at this trial center, will only be asked 30 questions instead of the 53 they are required to answer now. We can only hope this works.

Thank you for your concern and caring for your community. As I begin my 14th year as the Administrator of the blood bank, I appreciate even more, the opportunity that we who work at the blood bank, get to work with the nicest folks in Humboldt and Del Norte Counties.

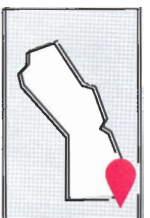
Blood Bank Hours:

Monday, Tuesday & Thursday: 10:00 a.m. to 6:00 p.m.
Wednesday: 11:00 a.m. to 7:00 p.m.
Friday: 8:00 a.m. to 4:00 p.m.
2nd Saturday of the month 8:00am - 12:00 noon
Walk-Ins Welcome...Come As You Are

Change Service Requested

Northern California Community Blood Bank

2524 Harrison Avenue
Eureka, CA 95501
(707)443-8004



Non-Profit Organization
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